

Peels Information and Consent Form

Professional Peels, also known as Clinical Skin peel treatments are designed to encourage healthy exfoliation, stimulate collagen and repair and remodel the structure of skin. This results in a smoother, brighter and clearer complexion. Working with a combination of clinical strength vitamins, natural acids and antioxidants – professional peels help to significantly improve and manage a broad range of skin concerns and conditions.

All of the Professional Peels we provide are clinical strength, results-orientated, corrective treatments with superior results and long-term durability. They are also developed and formulated to be chirally-correct – meaning your skin is getting the best of each ingredient with much less irritation. Some of our professional peel treatments are also suitable for teenage / pregnant/ breastfeeding clients. The brands of peels we carry are Cosmedix / Cosmedix Elite / Aspect Dr / Société and Synergie.

I understand the following side effects or complications can occur:

- **Discomfort** – Some mild discomfort may be experienced during the treatment. Discomfort varies depending on your pain threshold.
- **Redness** – Redness typically resolves within a few hours with **mild** peels and 24-48 hours for **stronger** peels.
- **Itchiness/Dryness/Peeling** – These are common symptoms with the stronger peels whilst the skin is healing. Flakiness and dryness will gradually clear. Some roughness and a sandpaper feeling on the surface of your skin are common for several days after your treatment. Please do not pick at and/or scratch the skin during the healing process as this can delay healing and encourage scarring.
- **Reactivation of cold sores (herpes simplex)** – if you suffer from cold sores, we recommend a course of Valtrex (or similar) is taken to suppress an outbreak.
- **Pigment (skin colour) changes** – Pigment changes can occur during the healing process. There is a slight possibility that the treated area can become either lighter (hypopigmentation) or darker (hyperpigmentation) in colour compared to the surrounding skin. This usually temporary but, on rare occasions, it may be permanent.
- **Scarring** – Scarring or altered texture of the skin is rare but possible (less than 1% of all cases).

By my signature below, I certify that I agree to and acknowledge the following:

- I must provide my consultant with all medical details of past or present illnesses, and I have been candid in revealing any condition that could prohibit this treatment.
- I understand that due to many variables, there are no guaranteed results from this treatment.
- I need to limit sun exposure to my skin for 4 weeks after the treatment, and it is mandatory to use a sun protection of minimum SPF 30 daily.
- I understand that to achieve maximum results the recommended home care regime must be followed, and that if I alter the routine or use products not recommended by the consultant the results could be altered or inhibitive. I understand that it may take several treatments to obtain the desired results.
- I have been invited to ask questions and have received satisfactory answers.

ACKNOWLEDGEMENT

BY MY SIGNATURE BELOW, I CERTIFY THAT I HAVE READ AND FULLY UNDERSTAND THE CONTENTS OF THE CONSENT FORM FOR PEEL TREATMENT AND THAT THE DISCLOSURES REFERRED TO HEREIN WERE MADE TO ME.

Client Name_____

Signature_____

Date_____